

Grateful Towards the Whole

Beloved Osho,

You've said meditation is a flowering, and for us, the perfume of the flower is gratitude. Is there anything we can do for you?

Yes. Meditation, compassion and gratitude. Whenever you are meditative, you feel blissful; whenever you are in compassion, you feel ecstatic. And then gratitude arises -- not towards anyone in particular, gratitude just arises. It is not towards me or towards Jesus, or Zarathustra or Buddha, it is simply gratitude. You feel so grateful just for being here, just for being alive, just for being able to



be meditative, just for being able to be in compassion. You feel simply grateful. That gratefulness is not towards anybody, it is towards the whole.

If you feel grateful towards me it is a gratitude of the mind. If you meditate and if you flower in

compassion you will feel simply grateful, not grateful towards me. Then there is no "towards" -- you feel simply grateful towards all. And when you feel grateful towards all, that is really gratefulness towards me, never before it. When it is a choice you choose me; then your master becomes a point, not the whole.

That's what is happening everywhere. Disciples get fixed with the master and masters help them to be fixed. That's not good, it is ugly. When you really flower then your perfume is not addressed to anybody; when you really flower the perfume goes in all directions. It simply moves in all directions, and whoever passes near you is filled with your fragrance, he carries your fragrance. And if nobody passes you then on that silent, lonely path your fragrance goes on spreading -- but it is not addressed.

Remember, the mind is always addressed; being is

never addressed. The mind is always moving towards something; being is simply moving towards all. It is a movement without any goal. A goal exists because of motive: you move towards something because there is desire. When there is no desire how can you move? Movement is there but no motivation. Then you move in all directions, then you overflow. Then your master is everywhere; then I am everywhere. And only when this point comes are you free from the master also. Then you are freed of all relationship, you are freed of all presence, of all bondage. And if a master cannot free you from himself, he is not a master at all.

So you need not do anything for me; you do something for you. Meditation, compassion -- that is doing for me. Then the presence will come, and not thought by the mind. Right now you think and you feel: What shall we do? Then it is the mind. How to pay the master? He has done so much for you, what should you do? This is the mind thinking in terms of giving and taking. No, this mind won't help. One thing you can do for me: drop this mind, allow your being to flower; then you will be fragrant. Then in all dimensions and directions the whole will be happy. You will be a blissful and your gratitude will not be narrow. It will not be towards a point, it will be moving all over, everywhere. Only then do you achieve prayer. This gratitude is prayer.

When you go into a temple and say a prayer, it is not prayer; but when, after compassion, gratitude arises, the whole existence becomes the temple. Whatever you touch, it becomes a prayer; whatever you do, it becomes prayerful. You cannot be otherwise. Deeply rooted, anchored in meditation, deeply flowing into compassion, you cannot be otherwise. You become prayer, you become gratitude.

But remember, the mind is always addressed. It has a goal, a desire to achieve. Being is unaddressed; it has no goal, it has nothing to achieve. The kingdom of being is already achieved, the emperor is already there on the throne. You move because movement is life, but don't move towards any goal, because when there is no goal, there is no tension. Then movement is beautiful, graceful.

- Osho, *A Bird on the Wing*,